





























































V.M.C.C. Dorset Section '1st WEYMOUTH WEEK' 2009

SHAFTESBURY RUN - Friday 22nd May Sht.1



1		0.0	NO SIGN POST B 3157	2		3.0	MARTINSTOWN 4
		0.0	BAGWELL FARM			2.9	PORTESHAM
3		4.2	MARTINSTOWN 4	4		7.0	DORCHESTER 4
		1.2				2.8	
5		7.7	DORCHESTER 3	6		9.0	DORCHESTER
		0.7	MARTINSTOWN			1.3	
7		9.2	TOWN CENTRE	8		9.8	TOWN CENTRE
		0.2				0.6	
9		9.9	TOWN CENTRE	10		10.6	SHERBORNE
		0.1				0.7	
11		10.9	NO SIGN	12		16.8	PIDDLETRENTHIDE 1½
		0.3	SPAR FILLING STATION 			5.9	
13		18.3	ALTON PANCRAS	14		18.3	CHESELBOURNE
		1.5				0	
15		22.1	MELCOMBE BINGHAM	16		22.1	DEWLISH
		3.8				0.0	(STREETWAY LANE)
17		23.0	NO SIGNPOST	18		23.2	MILTON ABBS 3¾
		0.9				0.2	CAUTION !! GRAVEL IN ROAD
19		24.3	NO SIGNPOST	20		24.6	MILTON ABBAS 1
		1.1				0.3	
21		25.6	MILTON ABBAS ¼	22		26.1	HAMBRO ARMS
		1.0				0.5	COFFEE STOP 
23		26.3	STICKLAND	24		27.0	BULBARROW
		0.2				0.7	
25		29.1	BULBARROW ½	26		29.5	BELCHALWELL
		2.1				0.4	VIEW POINT
27		31.7	OKEFORD FITZPAINE	28		34.1	HAMMOON 1¼
		2.2				2.4	
29		36.0	MANSTON	30		36.6	THE ORCHARDS
		1.9				0.6	

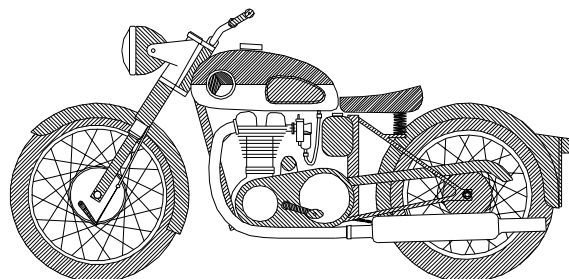


V.M.C.C. Dorset Section '1st WEYMOUTH WEEK' 2009
 SHAFTESBURY RUN - Friday 22nd May Sht.2



31 	38.8	HARTGROVE	32 	41.3	ASHMORE 3
	2.2	DANGEROUS TURN		2.5	
33 	42.6	ASHMORE 2	34 	45.5	SHAFTESBURY
	1.3			2.9	
35 	48.5	SHAFTESBURY 1 1/2	36 	49.6	TOWN CENTRE
	3.0			1.1	
37 	49.7	LEISURE CENTRE	38 	50.5	STURMINSTER NEWTON
	0.1			0.8	
39 	50.6	HOSPITAL	LUNCH STOP		
	0.1	ABBAY WALK			

SHAFTESBURY IS A SAXON HILL TOWN 700 FEET ABOVE THE BLACKMORE VALE
 KING ALFRED FOUNDED A NUNNERY FOR ONE OF HIS DAUGHTERS HERE.
 (REMAINS OF ABBEY ADJACENT TO OUR PARKING)
 FAMOUS FOR BUTTON AND LACE MAKING AND GOLD HILL ('HOVIS' ADVERT) .





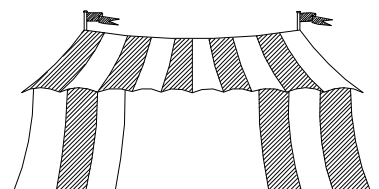
V.M.C.C. Dorset Section '1st WEYMOUTH WEEK' 2009
SHAFTESBURY RUN - Friday 22nd May Sht.3



40	50.7	NO SIGN	41	58.5	BLANDFORD
	0.0	ABBNEY WALK		7.8	STURMINSTER NEWTON
42	58.8	BLANDFORD	43	59.3	LYDLINCH
	0.3	STURMINSTER NEWTON		0.5	OVER RIVER
44	62.3	SHERBORNE	45	63.5	KINGS STAG 1
	3.0			1.2	
46	67.8	SHERBORNE 9	47	69.4	MIDDLE MARSH 1 1/4
	4.3	DUNTISH		1.6	
48	70.2	DORCHESTER 12	49	70.3	DORCHESTER 12
	0.8			0.1	
50	74.2	CERNE ABBAS	51	74.5	DORCHESTER
	3.9	GIANT VIEWPOINT		0.3	TEA SHOP
52	74.7	DORCHESTER 8	53	80.6	DORCHESTER
	0.2	A352		5.9	CHARMINSTER A37
54	81.0	POOLE	55	82.3	MARTINSTOWN 1 3/4
	0.4			1.3	
56	83.7	UPWEY 2 3/4	57	86.1	CORYATES 2
	1.4			2.4	FRIAR WADDON ROAD
58	88.2	CORYATES 1/4	59	88.9	WEST SHILVINGHAMPTON
	2.1			0.7	
60	89.6	CHICKERELL 2	61	90.9	BAGWELL FARM
	0.7			1.3	

WE HOPE YOU HAVE ENJOYED THE RUN

THANK YOU FOR SUPPORTING THE WEYMOUTH WEEK



THIS CONCLUDES THE RUNS FOR OUR 1st WEYMOUTH WEEK

AWARD PRESENTATION AND WIND DOWN IN MARQUEE TONIGHT

RUN ORGANISER: DAVE BURFITT